

Top tips on high performance teams

Katherine Bond from [Mezzana Partners](#) explains how to develop and lead a high performing team, and how to build resilience in your people.

Katherine discusses all things high performance with [Reshenthia Beeby](#), Private Equity Director at Aztec, and our host, [Ross Davidson](#), Head of Communications at Aztec.

In this episode, they cover:

- defining high performing teams and how they operate;
- the differences between high performance and results;
- how teams can attain high performance status;
- understanding potential challenges to high performance;
- how leaders can develop a high performance culture within their teams;
- embedding values and behaviours through a high performance mindset and culture;
- top tips for creating high performance teams; and
- the advice they'd give to their younger selves.

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