

Top tips on high performance teams

Katherine Bond from [Mezzana Partners](#) explains how to develop and lead a high performing team, and how to build resilience in your people.

Katherine discusses all things high performance with Reshenta Beeby, Private Equity Director at Aztec, and our host, Ross Davidson, Head of Communications at Aztec.

In this episode, they cover:

- defining high performing teams and how they operate;
- the differences between high performance and results;
- how teams can attain high performance status;
- understanding potential challenges to high performance;
- how leaders can develop a high performance culture within their teams;
- embedding values and behaviours through a high performance mindset and culture;
- top tips for creating high performance teams; and
- the advice they'd give to their younger selves.

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